

## PRODUCT BENEFITS

Use of the following products may prove beneficial for the listed conditions when taken in conjunction with the *basic program* for "Health and Maintenance". This includes *Multiple Digestive Enzymes, Vitalase, Probiotic Blend, Nutritional Essentials or Vegesentials, Superfood or Whole Food Supplements, and Vitamin Mineral/Enzyme Complex*.

CONDITION	SUGGESTED PRODUCTS
Abscesses	Protease, Amylase, Probiotic, Colloidal Silver
Acne	Protease, Colloidal Silver (topically), Oxy-Gem Cream, Liquid Stable Oxygen
ADD/ADHD	Nutritional Essentials, Whole Food, Vitamin-Mineral, Cellulase, Protease
Asthma	Amylase, Liquid Stable Oxygen, Superfood
Aging	G2O2, Herbal Cream, Oxy-Gem Cream, Vitalase
AIDS	Probiotic, Protease, Liquid Stable Oxygen, Vitalase
Alcoholism	Cellulase, Vitamin-Mineral, Cognizyme
Alzheimer's	Nutritional Essentials, Cellulase, Vitamin-Mineral, G2O2
Allergies, Airborne	Amylase, MSM, Liquid Stable Oxygen
Allergies, Dairy	Lactase
Allergies, Environmental	Cellulase, G2O2
Allergies, Food	Cellulase, MSM
Allergies, Mold or Fungal	Protease, G2O2
Anemia	Vitamin-Mineral, Whole Food, G2O2
Antibiotic, Post	Probiotic, Protease
Anxiety	Protease, Cognizyme
Arteriosclerosis	Lipase, Protease, Liquid Stable Oxygen
Arthritis, Osteo	Superfood, Cognizyme, Oxy Cream, Lipase
Arthritis, Rheumatoid	Protease, Lipase, Amylase, G2O2
Asthma	Probiotic, Multiple Digestive Enzymes, G2O2, Amylase, Lactase (if dairy sensitive)
Athletes Foot	Protease, Cognizyme, Oxy-Gem Cream, Colloidal Silver (topically), Colloidal Silver Gel
Autism	Probiotic, Nutritional Essentials, Superfood, Multi Vitamin/Mineral Multiple Digestive Enzymes, Cognizyme
Back Pain	MSM, Protease
Bipolar	Multiple Digestive Enzymes, Vitalase, Superfood, Protease, Cellulase, Multi Vitamin/Mineral, G2O2, EZ-Pro

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Bladder & Urinary Tract	Horsetail, Protease, Probiotic
Bloating	Cellulase
Blood Poisoning	Probiotic, Protease, Vitalase
Boils	Protease, Oxy-Gem Cream
Bones, Strengthening	Protease, MSM, Coral Calcium
Bone Spurs	Protease
Botulism	Probiotic, Protease
Bowel	Cellulase, Bowel Toner, Probiotic
Breathing Difficulties	Amylase, Cognizyme
Bronchitis	Protease, Probiotic, Liquid Stable Oxygen, G2O2, Amylase
Bruise Reduction	Protease, MSM, Superfood, Vitalase
Burns	Oxy-Gem Cream, Protease
Bursitis	Multiple Digestive or Gastric Enzymes, Protease, Amylase, MSM, Oxy-Gem Cream, Vitalase
Calcium Deficiency	Coral Calcium, Protease, MSM
Candida	Probiotic, Protease, Cellulase, Cognizyme
Cardiovascular	Lipase, Protease, G2O2, Liquid Stable Oxygen, Vitamin-Mineral, Vitalase
Carpal Tunnel Syndrome	Cognizyme
Cataracts	Nutritional Essentials, Vitamin-Mineral, Vitalase
Cheleton	Lipase, Multi Vitamin/Mineral, Protease, Cellulase
Chemical Sensitivities	Cellulase
Chemotherapy (post)	Probiotic, Protease
Cholesterol	Lipase, Nutritional Essentials, Vitalase
Chronic Fatigue	Protease, Lipase, Probiotic, Superfood, Liquid Stable Oxygen, Cognizyme, Vitalase
Circulation	Protease, Lipase, Oxy-Gem Cream, Vitalase
Coagulation	Horsetail, EZ Pro
Colds or Flu	Probiotic, Protease, Liquid Stable Oxygen, Colloidal Silver, Vitalase
Colic	Multiple Digestive Enzymes, Probiotic
Congestion	Amylase, Cognizyme
Constipation	Probiotic, Bowel Toner, Cellulase
Corns	Oxy-Gem Cream
Cramps, Menstrual	Protease
Cramps, Stomach	Nutritional Essentials, Gastric Digestive Enzymes
Crohn's	Probiotic, Multiple or Gastric Digestive Enzymes, Vitamin-Mineral, Cognizyme, Cellulase
Cystitis	Probiotic, Protease, Colloidal Silver, Horsetail
Dairy Sensitivities	Lactase
Dandruff	Protease, Lipase
Depression	Cognizyme, Nutritional Essentials, Female Enhancing Cream

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Dermatitis	Amylase, Nutritional Essentials, Cognizyme, Herbal Cream, Oxy-Gem Cream
Detoxification	Herbal Blood Formula, Probiotic, Bowel Toner, Milk Thistle, Cellulase, Vitalase
Diabetes	Nutritional Essentials, Whole Food, Cognizyme, Lipase, EZ-Pro
Dialysis	Multiple Digestive Enzymes, Protease, Nutritional Essentials, Horsetail
Disk Degeneration	Multiple or Gastric Digestive Enzymes, Protease, MSM, Nutritional Essentials, EZ-Pro, Vitalase
Diarrhea	Probiotic, Colloidal Silver
Diverticulitis	Probiotic, Gastric Digestive Enzymes, Nutritional Essentials
Dizziness	Cognizyme, Lipase
Downs	Multi Vitamin/Mineral, Amylase, Cellulase, Lipase, Probiotic, Nutritional Essentials,
Drug Withdrawal	Cellulase, Protease, Cognizyme
Ear Infections	Probiotic, Protease, Cognizyme
Eczema	Amylase, Lipase, Nutritional Essentials, Herbal Cream
Edema	Cognizyme, Protease
Emphysema	Liquid Stable Oxygen, G2O2, Amylase
Energy	Nutritional Essentials, Superfood, Liquid Stable Oxygen, G2O2, Cognizyme, Vitalase
Epilepsy	Superfood, Cognizyme, Vitamin-Mineral, Vitalase
Fatigue	Protease, Liquid Stable Oxygen, G2O2, Cognizyme, Vitalase
Fertility	Multiple Digestive Enzymes, Probiotic, Nutritional Essentials, Vitamin-Mineral, Superfood
Fever	Protease, Cognizyme
Fibroids	Probiotic, Protease
Fibromyalgia	Protease, MSM, Probiotic, Superfood, Vitalase, Cognizyme
Food Allergies	Cellulase, MSM
Fractures	Multiple or Gastric Digestive Enzymes, Protease, Coral Calcium, Nutritional Essentials, EZ-Pro
Free Radicals	Superfood, Vitalase, Vitamin-Mineral
Gallbladder	Lipase, Vitalase
Gangrene	Cognizyme, Oxy-Gem Cream, Protease
Gas	Probiotic, Cellulase
Gastritis	Probiotic, Gastric Digestive Enzymes
Giardia	Probiotic, Protease, Colloidal Silver
Gingivitis	Probiotic Powder, Protease, Colloidal Silver
Goiter	Superfood, EZ-Pro
Gout	Multiple or Gastric Digestive Enzymes, Cognizyme
Growing Pains	Nutritional Essentials, Superfood or Whole Food

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Hangover	Cognizyme
Hair & Nails	MSM, Nutritional Essentials
Headache	Cognizyme, Cellulase
Heartburn	Gastric Digestive Enzyme
Heat Stroke	Superfood, Nutritional Essentials, Cognizyme
Heavy Metal Toxicity	Cellulase
Hemophilia	Protease, Amylase, Cellulase, Nutritional Essentials, Herbal Blood Formula, Superfood
Hemorrhoids	Oxy-Gem Cream, Vitalase
Hepatitis	Probiotic, Nutritional Essentials, Protease, Colloidal Silver, Milk Thistle, G2O2
Hepatitis C	Probiotic, Protease, G2O2
Herpes	Probiotic, Protease, Amylase
Hives	Amylase, Oxy-Gem Cream
Hormones	Nutritional Essentials, EZ-Pro
Huntington's Disease	G2O2, EZ-Pro, Vitamin C, Multi Vitamin/Mineral, Protease, Multiple Digestive Enzymes, Probiotic, Nutritional Essentials
Hypertension	Lipase, Nutritional Essentials, Cellulase, Vitalase
Hypoglycemia	Protease, Nutritional Essentials, EZ-Pro
Immunity	Probiotic, Protease, Superfood, Vitamin-Mineral, Liquid Stable Oxygen
Impetigo	Probiotic, Protease, Oxy-Gem Cream
Impotence	Probiotic, Multiple Digestive Enzymes, Superfood, Nutritional Essentials, Vitalase
Indigestion	Multiple Digestive Enzymes
Infections	Probiotic, Protease; if Viral add Cognizyme
Infertility	Probiotic, Multiple Digestive Enzymes, Nutritional Essentials, Vitamin-Mineral, Vitalase
Inflammation Acute	Protease, G2O2
Inflammation, Chronic	Lipase, G2O2
Influenza	Probiotic, Protease, Amylase
Insomnia	Protease, Coral Calcium
Insect Bites	Amylase, Nutritional Essentials, Oxy-Gem Cream
Irregularity	Probiotic, Bowel Toner
Irritable Bowel Syndrome	Probiotic, Multiple & Gastric Digestive Enzymes, Protease, Cognizyme, Cellulase
Jaundice	Cognizyme, Nutritional Essentials, Milk Thistle
Kidney Disorders	Horsetail, Protease, G2O2
Kidney Stones	Probiotic, Multiple Digestive Enzymes, Protease, G2O2, EZ-Pro, Horsetail, Multi Vitamin/Mineral, Vitamin C
Lebers (Optical)	Amylase, Protease, EZ-Pro, Multiple Vitamin/Mineral, Multiple Digestive Enzymes, Probiotic, Nutritional Essentials
Liver Toxicity	Milk Thistle, Nutritional Essentials, Cognizyme,

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Lyme Disease	Probiotic, Multiple Digestive Enzymes, Protease, Colloidal Silver
Lymphatic Swelling	Probiotic, Lipase, Superfood, Vitalase
Malabsorption Syndromes	Cellulase
Measles	Protease, Amylase, Nutritional Essentials, Cognizyme
Meningitis	Probiotic, Protease, Cognizyme
Menstrual Irregularities	Probiotic, Nutritional Essentials, Protease, Female Cream
Mental Clarity	Nutritional Essentials, Cognizyme, Liquid Stable Oxygen or G2O2
Mononucleosis	Probiotic, Protease, Cognizyme, Vitalase
Mood Swings	Female Enhancing Cream, Cognizyme
Motion Sickness	Cognizyme
Mumps	Probiotic, Protease, Cognizyme
Muscle pain	MSM, Protease, Superfood, Oxy-Gem Cream
Nausea	Cognizyme
Nerve Stress	Protease, Cognizyme, Lipase
Neuritis	Nutritional Essentials, EZ-Pro, Multi Vitamin/Mineral, Probiotic, Multiple Digestive Enzymes
Obesity	Metabolic Accelerator, Lipase, Cellulase
Osteoporosis	Multiple or Gastric Digestive Enzymes, Protease, Coral Calcium, Female Cream, MSM
Pancreatitis	MSM, Probiotic, Multiple Digestive Enzymes
Parkinson's	Multiple Digestive Enzymes, Probiotic, Nutritional Essentials, Amylase, Liquid Stable Oxygen
Pelvic Inflammatory Disease	Probiotic, Protease, Cognizyme
Peptic Ulcer	Probiotic, Gastric Digestive Enzymes
Pleurisy	Probiotic, Protease, Cognizyme
PMS	Protease, Nutritional Essentials, Superfood, Female Cream
Pneumonia	Probiotic, Protease, Cognizyme, Vitalase
Poisoning, Bacterial	Probiotic, Protease, Colloidal Silver
Poisoning, Food	Probiotic
Poison Oak & Ivy	Amylase, Protease, Oxy-Gem Cream
Polyps	Probiotic, Protease, Cognizyme
Post-Surgery	Probiotic, Cellulase
Pre-Surgery	Protease, Probiotic
Pregnancy Support	Multiple Digestive Enzymes, Nutritional Essentials, Probiotic, Multi Vitamin/ Mineral, Superfood
Prostate	Probiotic, Multiple Digestive Enzymes, Protease, Superfood
Psoriasis	Lipase, Nutritional Essentials
Pulmonary Fibrosis	Liquid Stable Oxygen, G2O2, Multiple Digestive Enzymes, Probiotic, Nutritional Essentials, Vitamin C, Lipase

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Rashes	Amylase, Oxy-Gem Cream
Scleroderma	Multiple Digestive Enzymes, Probiotic, Nutritional Essentials, Multi Vitamin/Mineral, MSM, Herbal Cream
Septicemia	Protease, Probiotic
Senility	Superfood, Nutritional Essentials, G2O2, Cognizyme
Scar Tissue	MSM
Shingles	Amylase, Protease, Oxy-Gem & Herbal Cream, Colloidal Silver (topically)
Sinus Conditions	Amylase
Sinus Infections	Protease, Colloidal Silver
Snake Bite	Probiotic, Protease, Liquid Stable Oxygen
Sore Throat	Probiotic, Protease, Colloidal Silver, Liquid Stable Oxygen, Vitalase
Spastic Colon	Probiotic, Bowel Toner
Spider Bite	Herbal Cream, Oxy Cream, Liquid Stable Oxygen, G2O2, Protease, Vitamin C
Sprains	Multiple & Gastric Digestive Enzymes, Superfood, MSM, Protease, Herbal Cream
Strep	Probiotic, Protease, G2O2, Vitalase
Stress	Protease, Nutritional Essentials
Stiff Joints & Pain	Protease, Lipase, Amylase, Cognizyme, MSM
Sugar Cravings	Cognizyme
Thrush	Probiotic Powder, Protease, Cognizyme
Tonsillitis	Probiotic Powder, Protease, Colloidal Silver
Toxemia	Probiotic, Protease, G2O2
Toxic Shock	Probiotic, Protease, Cognizyme
Triglycerides	Lipase, G2O2, Nutritional Essentials
Ulcers	Gastric Digestive Enzymes
Underweight	EZ-Pro in addition to meals, Whole Food after meals
Vaginitis	Probiotic, Protease, Oxy-Gem Cream, Colloidal Silver
Venereal Disease	Probiotic, Protease, G2O2
Virus	Probiotic, Protease, G2O2, Colloidal Silver
Warts	Protease, G2O2, Colloidal Silver (topically) Vitamin-Mineral
Wasp Sting	G2O2
Water Retention	Cognizyme, Protease
Weakness	Superfood, Nutritional Essentials, G2O2, MSM, EZ-Pro, Vitalase
Withdrawal	Cellulase, Nutritional Essentials, Protease (for anxiety)
Worms	Protease, G2O2
Wounds	Colloidal Silver, Oxy-Gem Cream, Probiotic, Protease
Yeast Infections	Probiotic, Protease, Cellulase, Cognizyme

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