

*Because you're dearly
thought of, and extra-special
too, here's a Season's
Greeting, straight from us to
you!*

*Happy Holidays,
from everyone at
Natural Choice Products!*

In This Issue:

**Colloidal Silver - Worth its
Weight in Gold!**

**Q & A - NCP Answers Your
Questions About Our Newest
Products.**

**Claim Your Place On Our
Call! - Register now for January's
Conference Call "New Year, New
Health."**

**Supplement Sale! - See the Back
Page for our December Special!**



**"The time has come to close the book on infectious
diseases."**

This statement was made by the US Surgeon General in a testimony before Congress in 1969. This was during the age of new discoveries of "miracle drugs," namely antibiotics like penicillin. Unfortunately, this judgment proved to be premature and failed to take into account bacteria's innate ability to adapt and produce more resistant strains.

Scientists, medical practitioners and public health professionals are anxiously noting the rise of infectious diseases, and the sophisticated mutations that are rendering not only penicillin, but other antibiotics useless against them.

Working the Food Chain

Antibiotics remain in the flesh of animals such as cows and chickens, who receive as much as 30 times more antibiotics than people do. Milk can contain up to 80 *different* antibiotics! Prolonged and constant exposure to these drugs allows bacteria to reform and gain resistance.

Previously Preferred Silver

Historically, silver has been used in many ways. Considered an antiseptic since ancient times, Greeks and Romans kept liquids sterile by keeping them in silver jars. People have cooked and eaten with silver containers and utensils for ages. Past medicinal uses of silver are plenteous, though its use fell by the wayside with the introduction of penicillin in the 1940's.

Natural Choice Products provides an excellent Colloidal Silver available in liquid and now in a **new** gel formula. The combination of aloe and colloidal silver in the gel dispenses a soothing, yet highly germicidal, nontoxic substance. It is excellent for cuts, scrapes, rashes and many other skin afflictions. As germs *cannot develop resistance* to Colloidal Silver, this noninflammatory gel is ideal for topical use.



Information in this newsletter and on the NCP website is provided for informational purposes and is not meant as a substitute for the advice provided by your own physician or other medical professional. You should not use the information contained herein for diagnosing or treating a health problem or disease. If you have or suspect that you have a medical problem, always contact your health care provider.

customerservice@naturalchoiceproducts.net

Q & A "I thought enzymes were destroyed by heat."

Are the enzymes in Vegesentials destroyed when it is prepared with hot water?

First, we have to understand how an enzyme is used. Under the right circumstances, an enzyme will go active, temperature being one of these circumstances. So, in the case of mixing a drink with hot water and Vegesentials, the enzymes will go super-active and begin predigesting the contents of the drink. This enzyme activity will actually bring out the flavor of the choice vegetables that are included for nutritional value as well as taste. Natural Choice Products uses enzymes that are surprisingly heat stable and recommends that you heat the water to about 110 - 120 degrees - just so it's not too hot to drink right away.



What is Vegesentials? It has all of the benefits of Nutritional Essentials, plus many whole green foods that blend into a great tasting broth. Tocotrienols and Tocopherols, which are the most common and most potent form of the antioxidant vitamin E, are delivered in the rice fiber complex. The rice fiber contains nutrients that are good for skin and hair growth, as well as vitamins which are good for nerves and brain health. Twenty-two essential amino acids are included with this formula, as well as foods that contain vitamins A & C, beta carotene, calcium, folacin, phytochemicals (thought to fight cancer and increase immune activity,) antioxidants and much more!

Vegesentials combines wonderful taste with quality nutrition. The result is a smooth, yummy drink that can be enjoyed hot on a cold winter day.

Passion for Protein - Many people do not digest and utilize the body's required amounts of protein, though it is *extremely* important. Just *consuming* large amounts is not enough. For an added boost of easily utilizable protein, try a couple scoops of EZ-Pro Whey Protein Powder with any powdered supplement..

Vegesentials

Try This!

6oz tomato juice

2 scoops
Vegesentials

2 scoops
EZ-Pro Whey Protein
Powder

1/2 teaspoon lemon
juice

Very warm water

Place lukewarm tomato juice in tall glass. Mix in **Vegesentials** and **EZ-Pro Powder**. Fill glass to desired level with warm water. Add a squeeze of lemon (optional.)

Taste and Nutrition!
Knowing that you are getting the benefit of high-quality nutrition is just as soothing as the delicious taste of the drink itself!



Take Advantage of our December Special! 800 626-5143

Q & A "I already take enzymes when I eat."

Should I take Vitalase every day?

Vitalase was formulated for those of you who are already taking high amounts of the single enzymes to address a particular condition, and also to give everyone an easy way to replace lost enzymes in the body.

Taking enzymes with meals makes sense because we know most of our foods will be enzyme deficient due to cooking, irradiation and other processing. Complementing our meal with a few **Multiple Digestive Enzymes** is a great way to get proper digestion of our food. This practice allows our body to use the enzymes that it *can* manufacture for other things.

What happens to our enzymes?

We need enzymes to breathe, swallow, to conduct bodily repair, to convert and dispense nutrients - everything! Through generations of poor dietary habits, processing and preserving foods, poor farming practices, environmental pollution and any stress that kills or damages cells, we have asked our bodies to work overtime to rebuild and replace cellular damage - as well as maintaining other bodily functions.

Research shows that as we age, there are not only fewer enzymes in the pancreas, but also in the trillions of cells in our bodies. Dr. Howell's book, Enzyme Nutrition shows that there are *30 times* more enzymes in the saliva of young adults than in 70 year olds.

Vitalase contains high amounts of proteolytic, amyolytic, lipolytic, and fibrinolytic enzymes.

How Can Vitalase Benefit the Body?

Take for example, **proteolytic** enzymes. Incomplete protein digestion contributes to the development of allergies, forming of toxins, overgrowth of the yeast Candida, and allows parasites to flourish in the small intestine. No one wants that! Taking a daily dose of Vitalase will enhance your overall ability to break down these unwanted obstructions that hinder us from living up to our full health potential.

While **lipolytic** enzymes help break down fats into an absorbable form, they do not damage fat soluble vitamins or unsaturated fatty acids. In ample quantities, lipolytic enzymes can *initiate burning of stored fat and inhibit fat storage*. The other enzymes chosen for this formula, enhanced with phytonutrients and anthocyanins, are all combined to give you a remarkably potent enzyme supplement.

Many years of knowledge and experience have contributed to the design of this supplement. Our goal with the Vitalase was to compose a formula that is easy to use with results that are easy to feel. Should you have any questions, please feel free to call the Team at NCP.

ANTHOCYANINS

These plant pigments have been shown to:

neutralize enzymes that destroy connective tissues

repair damaged proteins in blood vessel walls and relax blood vessels

inhibit some human tumor cells (envitro)

get enzymes deeper into tissues

These mighty antioxidants are great for the circulatory system and are also anti-inflammatory.

Vitalase

Vitalase and Vegesentials - Makes Sense!

*Both are quality formulas that are applicable to anyone's supplemental regime. Turn to the back page to see how you can receive a **free** Probiotic Blend with your next order!*

NCP - Raising the Bar For Quality Nutrition!

www.1inhealth.com



Natural
Choice
Products™

Contact us at:
1-800-626-5143
www.linhealth.com

December Special

Buy:

1 Superfood	\$38.00
1 Vegesimal	\$28.50
1 Vitalase	\$47.00
Total Cost	\$113.50
Autoship Price	\$102.15



Probiotic Blend
capsules or powder

\$50.00 Value

Expires 12/31/03



NCP's November conference call was a hit! Order this two-part CD, **"Fifty Ways to Love Your Liver,"** and get ready for February's question and answer conference call. Dawn Bove will be on live **February 11th, at 6pm MST** available to answer your questions about toxins and how to clear them from the body.

In the meantime, January's call will be with a familiar consultant, Michael O'Brien. Join him and the staff to hear his ideas on a **"New Year, New Health."** This call will take place on **January 13, 2004 at 6pm MST** but you can reserve your place on the call now!

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